

## **News Release**

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## THE NSCD'S THERAPEUTIC HORSE RIDING CENTER CALL FOR VOLUNTEERS

The NSCD is looking to fill up to 100 volunteer spots for the therapeutic horse center

**Denver, Colo. (June 30, 2015)** – Each summer <u>The National Sports Center for the Disabled (NSCD)'s</u> therapeutic horse center at <u>YMCA Snow Mountain Ranch</u> provides hundreds of therapeutic horse riding lessons in Western, English or teaches adaptive riding skills. This summer they are in critical need of filling up to 100 volunteer spots to help participants, and their families, enjoy the Colorado Rockies on horseback.

"The summer months are especially busy for us, which is wonderful, however we are in need of volunteers," said Nicole Robinson, Supervisor for the NSCD Therapeutic Riding Center. "We don't want to have to turn people away from lessons because we don't have enough staff to help."

Therapeutic horse riding volunteers do not need experience and can have different jobs from catch, groom, tack, play recreational games or take the participants on the ride of his/her life. "Our volunteers play an integral role for our participants, providing support, encouragement and enthusiasm throughout the lesson," added Nicole. Volunteers can earn a free one-year membership to the YMCA of the Rockies at Snow Mountain Ranch.

Sessions are Tuesday-Saturday. Here is the remaining schedule for the summer where volunteers are needed:

Session II: July 17- August 18

Session III: August 21- September 22
Location: YMCA Snow Mountain Ranch

If one is Interested in volunteering – they will be asked to fill out the volunteer interest form on the website and the NSCD will get in contact with the prospect to talk about the best opportunities available. Visit <a href="https://www.nscd.org">www.nscd.org</a> or you can email <a href="mailto:volunteer@nscd.org">volunteer@nscd.org</a>.

## **About NSCD**

The National Sports Center for the Disabled (NSCD) began in 1970 as a one-time ski lesson for children with amputations for the Children's Hospital of Denver. Today, the NSCD is one of the largest outdoor therapeutic recreation agencies in the world. Each year NSCD serves 3,000 children and adults with disabilities who partake in the more than 25 sports and recreational programs, from snow skiing and kayaking to playing lacrosse and rock climbing. With specially trained staff and its own adaptive equipment lab, the NSCD teaches a variety of winter and summer sports and activities to individuals with almost any physical, cognitive, emotional, or behavioral diagnosis. For more information about the NSCD visit our website at <a href="http://nscd.org">http://nscd.org</a> or like us on Facebook for updates about our programs and athletes.