The mission of the National Sports Center for the Disabled is to advance the power of people with all abilities through adaptive innovation and the joy of recreation and outdoor experiences.

Due to COVID-19 restrictions, this data represents a snapshot of our programs as we were only able to provide programs for 4.5 months of our fiscal year. Programs operated from November 1, 2019—March 15, 2020. Limited virtual programs were offered from May 1—October 31, 2020.

**PARTICIPANTS SERVED**

- 29,915 lessons hours
- 6,320 lessons taught
- 1,321 participants, recreation & competitive
- 72 veterans served
- 96 diagnoses/disabilities served
- 4.7 number of lessons per participant
- 41 elite athletes in the competition program
- 13 Paralympic athletes trained at NSCD

**VOLUNTEER IMPACT**

The NSCD volunteer corps ranks among the largest in Colorado, with about 1,200 volunteers contributing over 44,000 hours to the organization annually. Last year due to COVID-19 we had 633 volunteers who provided over 26,000 hours which is about ½ of our normal number of volunteers.

In a year not effected by COVID-19, volunteers help to offset $1,196,800 in staffing costs to the agency.

**PARTICIPANT DIAGNOSES**

- Autism Spectrum 12%
- Other 22%
- Developmental Disability 18%
- Down Syndrome 5%
- ADD/ADHD 6%
- Other 19%
- Cerebral Palsy 5%
- Visual Impairment 2%
- Brain Injury 5%
- Amputation 3%
- Spinal Cord Injury 3%
- Other 22%

**PARTICIPANT DEMOGRAPHICS**

- Gender:
  - Male: 62%
  - Female: 37.5%
  - Prefer to self describe: .17%
  - Prefer not to answer: .34%
- Age:
  - Under 18: 39%
  - 18-24: 19%
  - 25-59: 35%
  - 60+: 7%

**LOCATION**

- Denver Metro Area*: 61%
- Grand County*: 4%
- Colorado (other)*: 13%
- Other US State: 20%
- Outside US: 2%
  - *Colorado Total: 78%

**FINANCIAL ASSISTANCE**

Income data for 2020 was inconclusive due to limited programs offered as a result of COVID-19.

**PROGRAM IMPACT**

- 99% of participants are more likely to continue an active lifestyle
- 96% of participants experienced improved quality of life, confidence and self-esteem
- 90% of participants achieved their therapeutic goals
- 95% of participants learned or improved life skills
- 99% of participants had FUN!

**SOURCES AND USES OF INCOME**

- Revenue:
  - Foundation: 14%
  - Government: 9%
  - Corporate: 12%
  - In Kind: 38%
  - Individual: 14%
  - Program Fees: 11%
  - Fundraising: 14%
  - Other: 2%
- Expenses:
  - Program Costs: 74%
  - Administrative: 12%
  - Other: 7%

Mountain and Metro programs help individuals reimagine adaptive sports and #RethinkAbility

nscd.org